



TEAM	OPPONENT	DATE	COMPETITION / LEVEL	RESULT	SET SCORES
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Use tally marks during the match, then total each player after the set or match. Define reception grades before comparing results.

PLAYER		ATTACK			SERVE		SET / DEF.		BLOCK		RECEIVE					CONTEXT
#	PLAYER	K	E	TA	SA	SE	AST	D	BS	BA	RE	3	2	1	0	NOTES / SET
1																
2																
3																
4																
5																
6																
7																
8																
9																
10																
11																
12																
13																
14																
TEAM TOTALS																

CALCULATE AFTER THE MATCH

- Hitting %

(K - E) / TA
- Passing average

(3 x #3 + 2 x #2 + 1 x #1) / receptions
- Side-out %

receiving rallies won / receiving rallies
- Break-point %

serving rallies won / serving rallies

TURN THE TOTALS INTO ONE COACHING DECISION

PATTERN WORTH REVIEWING

EVIDENCE / SAMPLE

NEXT-PRACTICE FOCUS



[GUIDE + DIGITAL WORKFLOW](#)